

Crystal Guthrie

cguthrie820@yahoo.com

Being a kind, compassionate and understanding person has always been great strengths of mine. I am hardworking, dependable, trustworthy and reliable. I strive to be the best possible me and always help those around me.

Education

Rowan University | Glassboro NJ

January 2019 - Present

- Bachelor of Arts in Health Promotion and Wellness Management
- Minor of Arts in Psychology

Ocean County College | Toms River NJ

December 2018

- Associates of Arts in Liberal Arts

Work Experience

Burger 25 | Server | Toms River NJ

January 2016 - Present

New Jersey Natural Gas | Utility Worker | Lakewood NJ

June 2017 – August 2019

- New Jersey Natural Gas is a company in select counties in New Jersey that supplies energy and natural gas to homes and other buildings. At this company, I work during summer months, traveling to customers' homes and paint their gas meters and report ones that need further attention.

JCPenney | Sales Associate | Toms River NJ

April 2014 – March 2016

Personal Development

GetFIT | Rowan University

January 2019 - Present

- GetFIT is a program for people with developmental disabilities. At the program, trainers work with the clients on exercising and improving their fitness. I volunteer as a trainer every week, offering clients workouts and helping them to complete them.

National Society of Leadership and Success

November 2018 - Present

- This is an honors society that students get nominated for based on their academic performance or leadership potential. Through this

program you learn leadership skills, receive scholarships and rewards, and employer recruitment.

Beach Clean Up | Island Beach State Park | Seaside Park NJ

April 2018

- At this beach clean up, I volunteered to help clean up the beach by picking up garbage on the beach, parking lot and surrounding area.

References and ePortfolio available upon request